1. What other races are at higher risk of diabetes?
2. Why does diabetes cause the symptoms that are mentioned in the first paragraph, such as blindness, stroke, and heart disease?

3. Research the pro’s and con’s of the Atkin’s diet (high in fiber and low in saturated fat) in regards to diabetes.

4. What is Hemoglobin A1C? What is its role in Diabetes?

5. There are many symptoms possible for diabetes. Discuss two symptoms that you never knew diabetics suffered from.

6. There are many prescription treatments for diabetes. Research 2 of them and describe HOW the medicine can work to alleviate the symptoms.

7. Draw the negative feedback loop for insulin, both high and low.